



Australian Association of Buddhist Counsellors and Psychotherapists, Qld Branch

Can Narcissism be healed with Compassion and Buddhist Concepts of Self and Non-self?

Sunday, 26th July 2015, 10.00 am – 5.00 pm

St Colombs Anglican Church Hall,

25 Victoria St, Clayfield

Cost: \$80 full price - \$70 Concession/AABCAP members

*AABCAP Qld Branch invite you along to a one day workshop **facilitated by Dr Jacqui Dodds**. Jacqui will assist us in exploring and deepening our knowledge and awareness of how Buddhist understandings of impermanence and interdependence can help transform narcissism in oneself and those we work and live with.*

The workshop will focus on demonstrating how Buddhist psychotherapy can complement Western psychotherapeutic ways of working with the self and its pathologies. Understanding the mind that drives narcissism and how to support the antidotes of compassion, altruism and awareness of interdependence is at the heart of the dialogues between the self of western psychology and the non-self of eastern psychology.

The workshop combines professional development, self development and self care and will include:

- meditations
- experiential exercises
- presentation of Buddhist psychotherapeutic concepts on how to work with the self with regard to narcissism
- discussion on blending mainstream Western ideas on the social construction of the self with Buddhist ideas of no separate self

About the Facilitator:

Dr Jacqui Dodds, has a solid background in Buddhist teachings and psychotherapy, as well as counselling both privately and within a regional Community Mental Health team. She has taught Buddhist psychotherapy for ten years and has been a committed meditation practitioner for over 30 years and a psychotherapist, researcher and clinical mental health social worker for 23 years.

While Jacqui's present predominant orientation and training is in Buddhist psychotherapy she is an eclectic psychotherapist and supervisor. Above all she is passionate about exploring the human condition and uncovering what supports suffering and wellbeing!



**PLEASE COMPLETE AND RETURN THIS REGISTRATION FORM TO
RESERVE YOUR PLACE AT THE WORKSHOP:**

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25 Victoria St, Clayfield**

**Cost: \$80 full price - \$70 Concession/AABCAP members
A vegetarian lunch, morning and afternoon tea provided**

Name:

Address:

email:

Best phone contact:

Member:

Method of Payment:

**Direct Debit: Account name: AABCAP
PSB: 062 155
Acct no.: 1049 7676**

Please use your surname as your transaction label.

**Cheque: Payable to AABCAP Qld Branch
3 Franks Lane
Mooloolah, Qld 4553**

Please ensure that you include this registration sheet.

CONTACT: aabcap.qld@gmail.com

Or phone: Julie on 0400 539 710

Please pass this flyer on to others whom you think may be interested.