

2012 MEMBERSHIP APPLICATION FORM

In the last three decades there has been an exponential increase in publications on the related areas of psychotherapy, Buddhism, spirituality and meditation. Buddhist-influenced therapies such as mindfulness based stress reduction (MBSR), mindfulness-based cognitive therapy (MBCT), dialectical behaviour therapy (DBT), acceptance and commitment therapy (ACT), core process therapy and Hakomi are now in the mainstream of psychotherapeutic practices. There has also been a significant increase in the number of helping professionals who are committed and practising Buddhists or who have an interest in Buddhism in the West.

The purpose of The Australian Association of Buddhist Counsellors and Psychotherapists (AABCAP) is to bring therapists together in order to discuss, learn and study the two disciplines of psychotherapy and Buddhism, with the purpose of integrating their experience and knowledge into daily life and their work. The intention is that we all benefit from the depth of Buddhist psychology and practice. There is much to benefit us, as well as others, in our attempt to integrate Western Psychotherapy with Eastern Buddhism. With this in mind, AABCAP has developed a two year post-graduate course in Buddhism and Psychotherapy.

The **objectives** of AABCAP are to:

- (a) provide a philosophical base, standards, and ethics for the practice of Buddhist Influenced Counselling and Psychotherapy (BICP);
- (b) foster the professional development of members;
- (c) maintain efficient & professional organisational structure that supports the practice of BICP;
- (d) provide education, training and research in BICP;
- (e) promote BICP in the community;
- (f) provide accreditation practices that will support the highest quality practice in BICP; and
- (g) work collaboratively and beneficially with other Buddhist Organisations.

Membership

Nomination of a person for new membership of the association must be proposed and seconded by two members of the association in writing in the form set out in the attached nomination form (see Appendix). This will subsequently be lodged with the secretary of the association who will refer it as soon as practicable to the committee for consideration.

Membership Categories: Four categories of membership: full, associate, affiliate and student.

1. Full membership - Full Members are members who:

a) belong to an incorporated helping profession & fulfil the training requirements for membership of PACFA or its equivalents. The training requirements of PACFA are:

Members must have successfully completed at least a bachelor degree or equivalent in terms of level and depth of training as defined by the Australian Qualification Framework over a minimum of three years for undergraduate and 2 years for postgraduate, 200 hours of person-to-person psychotherapy and/or counselling training and 50 hours of supervision relating to 200 hours of client contact. A minimum of 10 hours of supervision relating to 40 client contact hours must have taken place within the training program (These 10 hours are part of the 50 hours of supervision). (For more information see PACFA website www.pacfa.org.au)

OR

b) have a PACFA (Psychotherapists and Counsellors Federation of Australia) Member Association full membership (For list of PACFA Member Associations see PACFA website: www.pacfa.org.au)

2. Associate Membership: Associate members are members of an incorporated association of a helping profession.

3. Affiliate Membership: Affiliate members are those who are not members of an incorporated helping profession but wish to involve themselves in the activities of AABCAP.

4. Student Membership: This applies to full-time students who are not in employment.

AABCAP MEMBERSHIP APPLICATION FORM

Title: First Name: Surname:

Full address:

.....

Profession:

Suburb of Practice: Postcode of Practice:

Ph (home): Mobile:

Ph (work): Ph (fax):

E mail:

(Please provide e-mail address as our newsletter and correspondences are e-communications)

**NOMINATION FOR MEMBERSHIP OF THE AUSTRALIAN ASSOCIATION OF
BUDDHIST COUNSELLORS AND PSYCHOTHERAPISTS (AABCAP)**

Incorporated under the *Associations Incorporation Act 1984*.

I,(full name of applicant)

of(address)

.....(profession) hereby apply to become a

Full / Associate / Affiliate / Student (please circle one) member of the Australian Association of Buddhist Counsellors and Psychotherapists. In the event of my admission as a member, I agree to be bound by the rules of the association for the time being in force.

...../...../.....
Signature of Applicant *Date*

I,(full name) a member of the association,
nominate the applicant, who is personally known to me, for membership of the association.

...../...../.....
Signature of Proposer *Date*

I,(full name) a member of the association, **second**
the applicant, who is personally known to me, for membership of the association.

...../...../.....
Signature of Seconder *Date*

(Please contact us by email if you do not know any current members of AABCAP. Please feel free to bring your nomination to any of our events where members will be present to discuss your application.)

Supervision Hours – 10 hours of clinical Individual supervision over the last year. Peer supervision permitted if the member has been in professional practice 5 years since graduation. Peer supervision can be in the form of individual or small group meetings of up to 6 supervisees and supervisor and relevant to the practice of Buddhist psychotherapy.

Supervisor / Group	No. Of Hours
Total Hours	

Professional Development / Continued Education – 15 hours over the last year. Training courses or workshops, attendance at conferences and training whilst enrolled in formal courses, which may include distance learning and are relevant to Buddhist psychotherapy.

Activity	Provider	Date	Hours
Total Hours			

Please return this form (including Nomination Form and Member Profile) with payment to
 PO Box 2115, Bondi Junction NSW 1355
 For further enquiries please contact the Secretary, at
 secretary@buddhismandpsychotherapy.org.

Office use only:

Category of membership (circle): Full

Associate Affiliate

Student

Date Approved:

Member #

Receipt #