## **AABCAP Continuing Education Meeting**



## "INTEGRATION OF BUDDHIST TEACHINGS AND PSYCHOTHERAPY"

**Presenters:** Geoff Dawson (Zen teacher and Psychologist), Liz Turnbull (Psychotherapist) and Eng Kong Tan (Buddhist Analytic Psychotherapist)

Monday 12<sup>th</sup> of December 2011 6:30 for a 7PM start to 8.30PM

To complete the year we would like to invite you to a panel discussion on the Integration of Buddhist Teachings and Psychotherapy, a topic much needed that, no doubt, will be much appreciated. Each panellist will speak from their rich experience and specific areas of expertise. Those wishing to keep incorporating Buddhist wisdom into their clinical work should register early for this continuing education event. There will be time set aside for questions and discussion from participants.



WHERE: The Buddhist Library,

90 Church Street Camperdown

WHEN: Monday 12th of December 2011

Light refreshments: 6:30pm Presentation: 7:00-8:30pm

COST: \$20/\$10student/concession (payment on arrival)

**ENG-KONG TAN** MBBS, MPM, FRANZCP is a medical doctor, consultant psychiatrist and analytic psychotherapist in private practice, providing dividual and couples therapy, meditation, personal development and analytic groups. He is the Founder and Chairman of Metta Clinic, a group psychiatric and psychotherapy clinic in Sydney. He is Foundation President of AABCAP and the Director of Training of the Buddhism and Psychotherapy Professional Training Course.

**LIZ TURNBULL** PhD (Sociology), Clin. MAASP, AABCAP, EMDRAA, PACFA Reg. Liz is a psychotherapist in private practice in Bondi, Sydney. She has trained in somatic psychotherapy, EMDR and Hakomi EDIS. Since 1985 Liz has been practising and meditating in the Dharma with experience in the Vajrayana, Zen, and the western insight (Vipassana) traditions. During her time as an academic Liz sought to bring Buddhism into her teaching and research and continues to seek ways of bringing Buddhism into the life and practice of psychotherapy.

**GEOFF DAWSON** BA (Psych, Phil), is a Zen Buddhist teacher - a Dharma Successor to Charlotte Joko Beck and teacher of the Ordinary Mind Zen School in Sydney and Melbourne. He is also a psychologist and psychotherapist in private practice in North Sydney. Geoff has a long standing interest in the area of Buddhism and Psychotherapy and has presented at many conferences and published papers in this area.

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